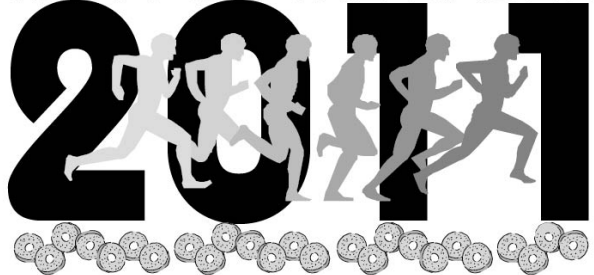


# RUN FOR THE BAGEL



## BAGELFEST • MATTOON, ILLINOIS

### • HOW TO REGISTER

- Online at [www.mattoonmultisport.com](http://www.mattoonmultisport.com) or our website, [www.mattoonymca.org](http://www.mattoonymca.org)
- Mail in form attached to this flyer with payment
- Download additional race forms from our website, [www.mattoonymca.org](http://www.mattoonymca.org)

Runners registered prior to July 20 may pick up race packets at the Y after 12pm on Thursday, July 21, or beginning at 6:00am on July 23.

**All 5K/10K Runners, 5K Walkers, and Timed Fun Runners** will have Champion/MYLAPS Chip Timing in their registration packet. No chip pick-up is required the day of the race, and no return of the chip is necessary. Real Time results are from start mat to finish.

### • RACE DAY

#### Registration / Packet Pick-Up

Location: YMCA Gym Time: 6am - 6:30am

- **RACE STARTS** - Bus Station (19th & Broadway)  
5K/10K Run & 5K Walk 7:00am  
1 Mile Fun Run 7:05am

- **RACE ENDS** - at the Mattoon Area Family YMCA

### • COURSE DESCRIPTION

Flat, partially shaded, two water stations, refueling station at the end of the race. Strollers are allowed behind the racers. No rollerblades or headphones are allowed on the course.

### • TIMING & RESULTS

Mattoon Multisport will provide computerized results for all chip timed events. Race results will be posted at [www.mattoonmultisport.com](http://www.mattoonmultisport.com), our website, [www.mattoonymca.org](http://www.mattoonymca.org), and at the Y.

### • GETTING TO THE RACE

Take I-57 to exit 190B for Mattoon. Go west on Charleston Avenue to 16th Street and turn right. Go two blocks north. The Y will be on your left at 221 North 16th Street.

### • FOR MORE INFORMATION

Contact: Jill Rohr, Race Director  
[jrohr@mattoonymca.org](mailto:jrohr@mattoonymca.org)  
217-234-9494

### • CONSTRUCTION UPDATE

Due to the construction project at the Y, the location of race day registration, awards, etc will be determined at a later date. Look for updates on our website at [www.mattoonymca.org](http://www.mattoonymca.org), closer to race day. Don't forget to stop in the Y after the race to see our progress.



## RUN FOR THE BAGEL 2011

### Race Registration Form

*Please Print & complete entire form*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

(All registration confirmations will be sent via email only)

Phone \_\_\_\_\_

Shirt Size (Circle One) S M L XL XXL  
(Guaranteed size if based on availability)

**WAIVER** - *Please read carefully and sign below.*

There is no insurance or medical coverage provided. In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to me against the Mattoon Area Family YMCA, staff, volunteers, or any of its promoters for any and all injuries, loss or damage of property suffered by me at this event. I further warrant that I have trained for the race of this distance and am physically fit for such a race. I give my permission to the YMCA to use, without limitation or obligation, photographs and/or film footage for purposes of promotion.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Signature Date

*If under 18 years of age, parent/guardian signature required.*

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

( ) Male

( ) Female

### Race Selection

### Fee

- |                          |       |
|--------------------------|-------|
| ( ) 10K Run              | \$22* |
| ( ) 5K Run               | \$22* |
| ( ) 5K Walk              | \$22* |
| ( ) 1 Mile Fun Run       | \$5   |
| ( ) 1 Mile Timed Fun Run | \$7   |

*\*\$5 Late Fee added after July 20*

### FUN RUN T-shirt Purchase Option

(Pre-registration Only through June 30<sup>th</sup>)

5K/10K Runners and 5K Walkers receive a free t-shirt with race registration. (while supplies last) If you would like to purchase a t-shirt, please check box, make sure you have circled size on left, and add \$5 to your fun run race fee.

( ) Fun Run T-shirt \$5

*Send checks to:*

**Run For The Bagel  
Mattoon Area Family YMCA  
P.O. Box 875  
Mattoon, IL 61938**

### FOR OFFICE USE ONLY

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Received Initials

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date Entered Initials

Race # \_\_\_\_\_

## • ENTRY FEES

10K Run	\$22*	
5K Run	\$22*	*\$5 Late Fee added
5K Walk	\$22*	after July 20
1 Mile Fun Run	\$5	
1 Mile Fun Run w/ Time	\$7	

## • AGE DIVISIONS

10 & under	40 - 44	Masters
11 - 14	45 - 49	
15 - 19	50 - 54	Grandmasters
20 - 24	55 - 59	
25 - 29	60+	
30 - 34	65+ (5K only)	
35 - 39		

## • T-SHIRTS

Given to first 500 pre-registered 5K & 10K Run & Walk participants. (Fun Runners do not receive a free t-shirt) Guaranteed shirt size if registered by June 30, 2011.

## • AWARDS

5K/10K Run - Male & Female Overall,  
Masters (40-49) and Grandmasters (50+)

5K Run - Trophies, top 4 each age/gender division.  
10K Run - Trophies, top 3 each age/gender division.  
5K Walk - Medals, all walkers at the finish.  
Fun Run - Ribbons, all runners at the finish.

Awards ceremony held at the Y.  
5K Awards begin at 8:00am with 10K Awards following. *(re-located to gym if raining)*

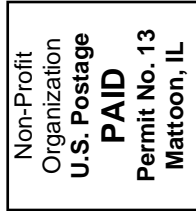
**Special thanks to the following for making our event a success!**

Mattoon Tourism Committee  
City of Mattoon  
Sarah Bush Lincoln Health System  
Mattoon Area Family YMCA

Mitchell - Jerdan Funeral Home  
Mattoon Police Department & Auxiliary Officers  
Mattoon Multisport

**MATTOON AREA FAMILY YMCA**  
**221 North 16th Street, P.O. Box 875**  
**Mattoon, IL 61938**

**Return Service Requested**



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



**BAGELFEST • MATTOON, ILLINOIS**  
**SATURDAY, JULY 23**

**5K/10K Run & 5K Walk - 7:00am**  
**1 Mile Fun Run - 7:05am**

**NEW THIS YEAR**  
**Earlier Start Time 7 AM!!**

**Champion Chip/MYLAPS Chip Timing**  
**Real Time Results - Start to Finish**

**Awards given for each Race**  
**Porta-Potties at the Start Line**

## **BAGELFEST 2011**

Hosted by Mattoon Tourism Committee  
*Please contact Mattoon Tourism for complete schedule of events and area information.*

[www.mattoonillinois.org](http://www.mattoonillinois.org)  
[tourism@mattoonillinois.org](mailto:tourism@mattoonillinois.org)  
1-800-500-6286

## **MATTOON AREA FAMILY YMCA**

221 N. 16th Street, P.O. Box 875 Mattoon, IL 61938

[www.mattoonymca.org](http://www.mattoonymca.org)  
[www.facebook.com/mattoonymca](http://www.facebook.com/mattoonymca)  
(217) 234-9494